

British council

Connecting Classrooms Project

Tadla -Azilal Cluster

Oued Eddahab Middle School

Morocco

Eid-al-Adha

-Food and drink

-salat (prayers)

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Hello friends in Hampshire ,

We are Marwa and Khawla we are students in "Oued Eddahab School". We are members of *Connecting Classrooms Project*. Our project is about food and drinks we prepare in Eid-al-Adha and the religious rituals of the festival.

In Eid Al Adha, Moroccan people eat in breakfast * *AL3SIDA* * it's porridge like soup. It is a traditional Eid breakfast for many families. It's quite easy to prepare, but you'll need to allow overnight soaking of the wheat. Honey, butter and orange flower water can be added to taste and in lunch we eat brochette, steamed or roasted meat ; we also make barbecue. We drink green tea with mint and sweets.

