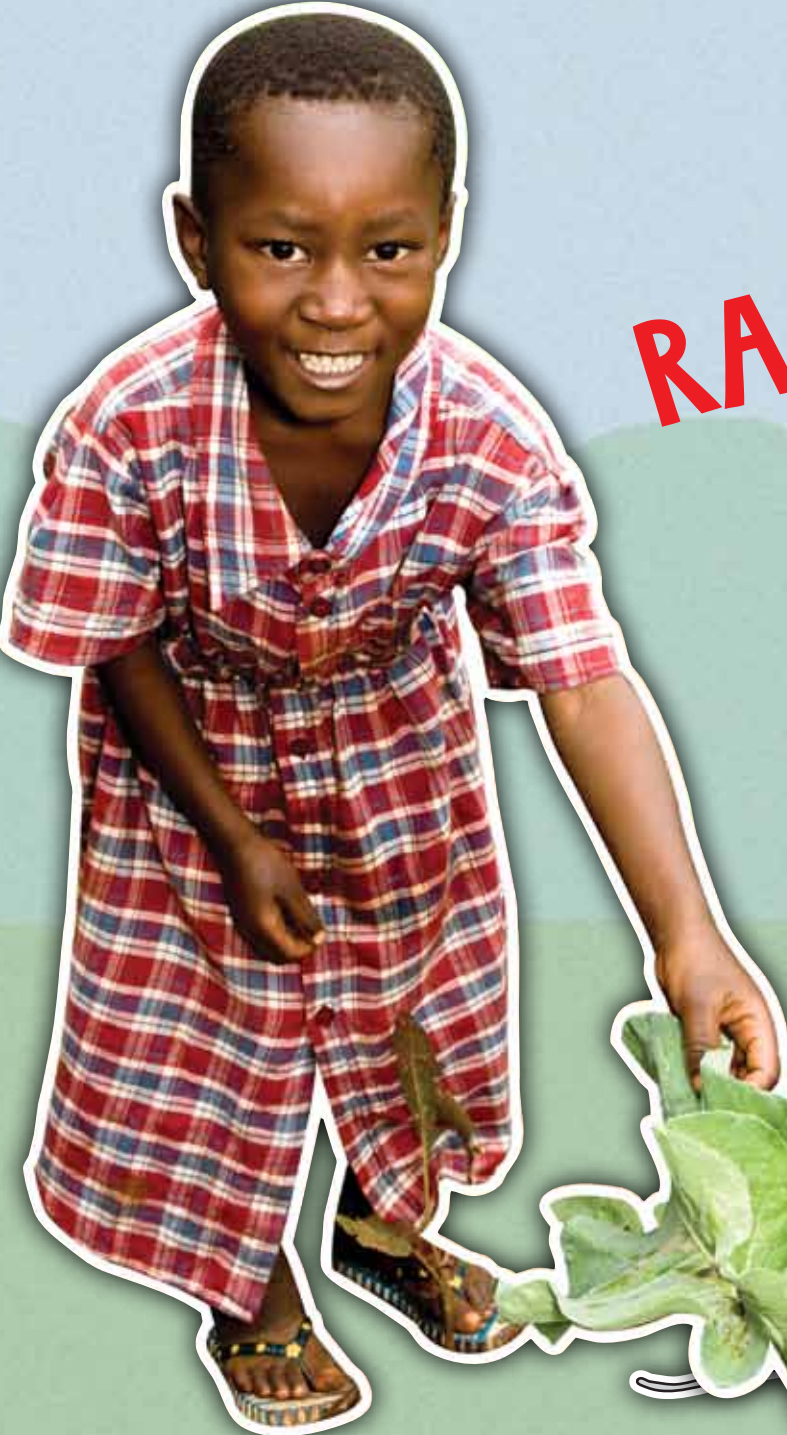




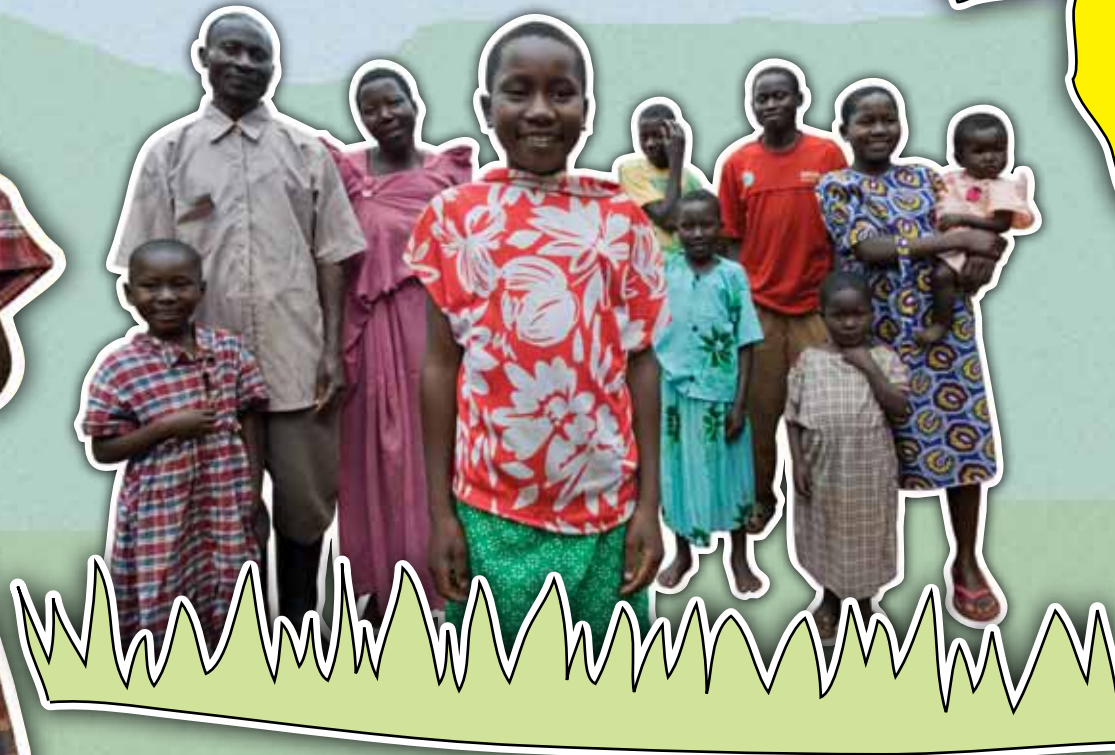
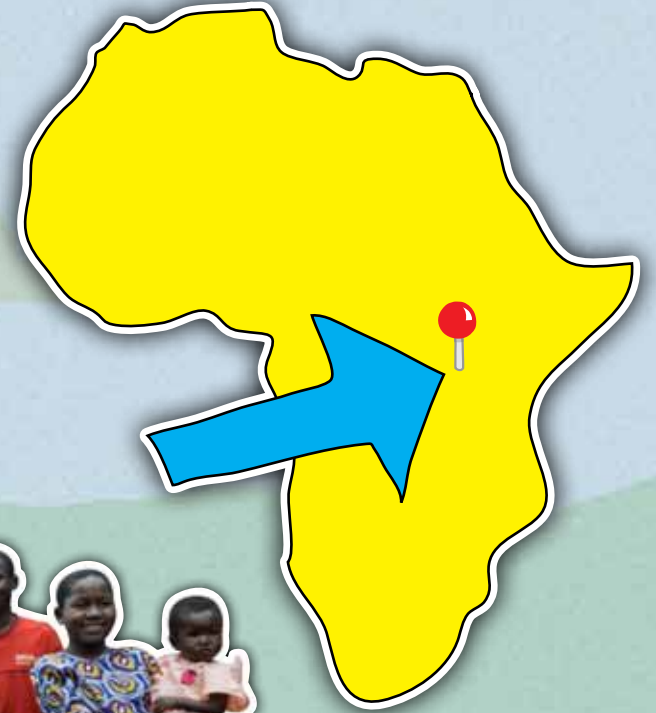
13 MARCH 2009

RACHEL'S GARDEN ADVENTURE

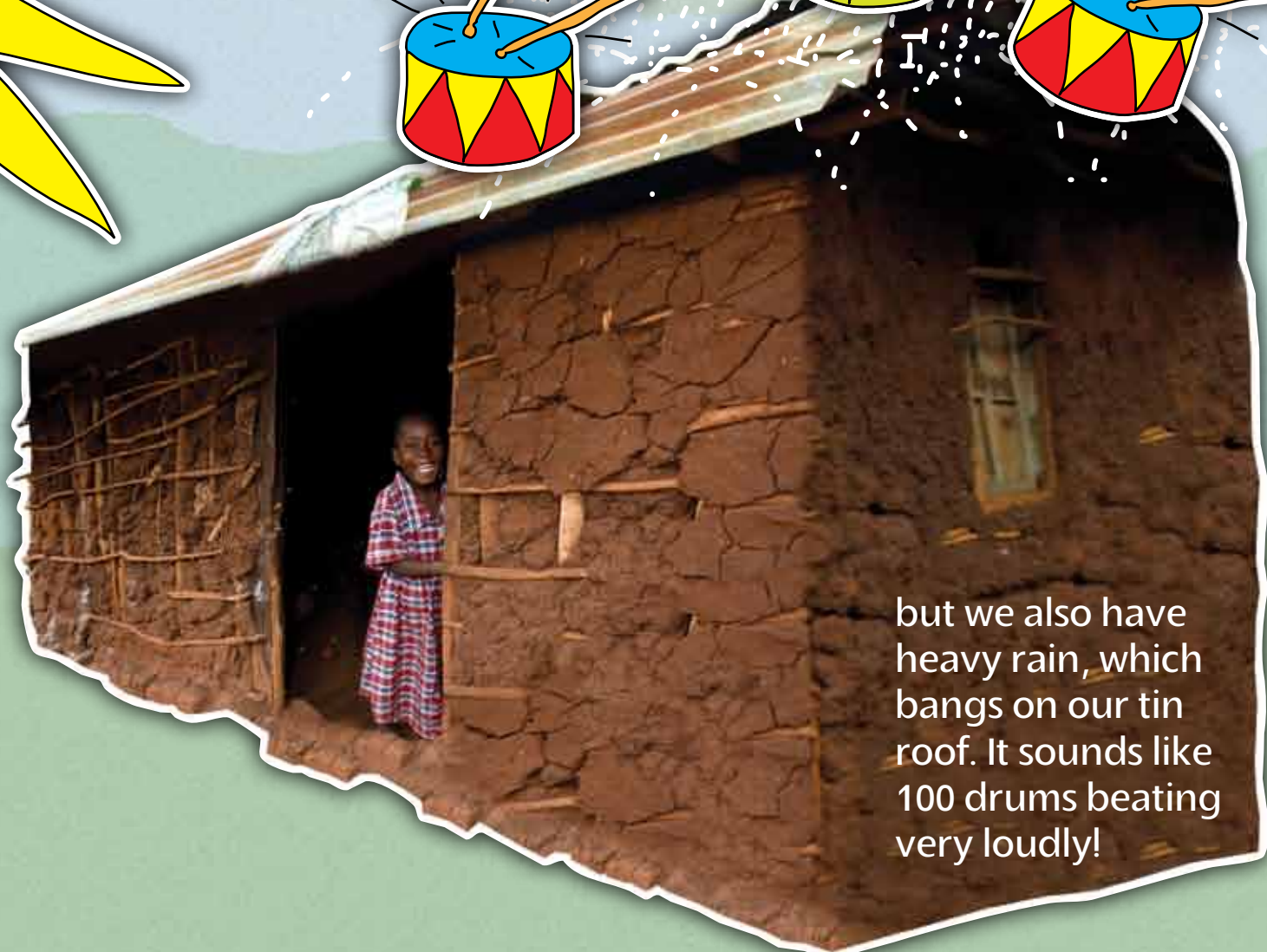
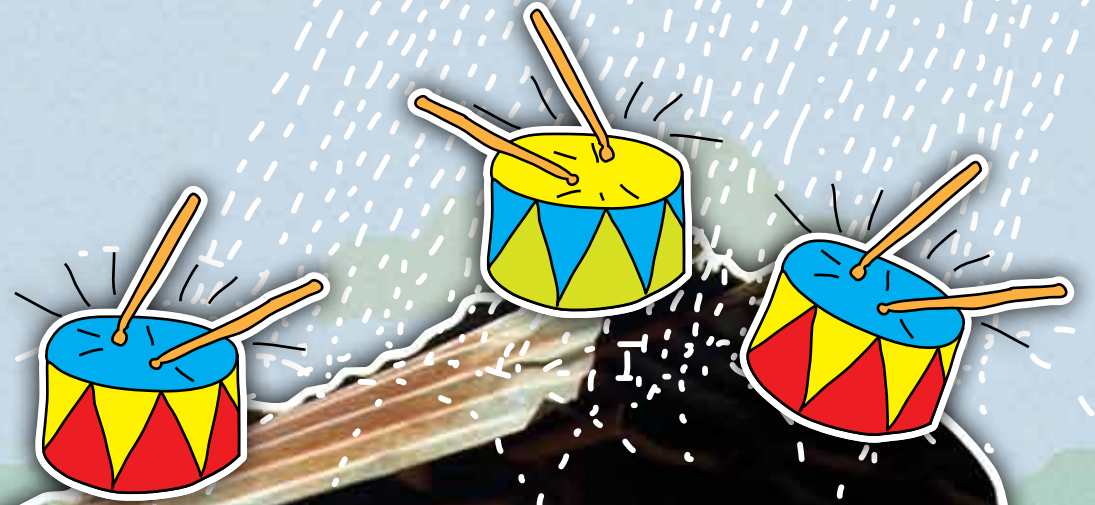
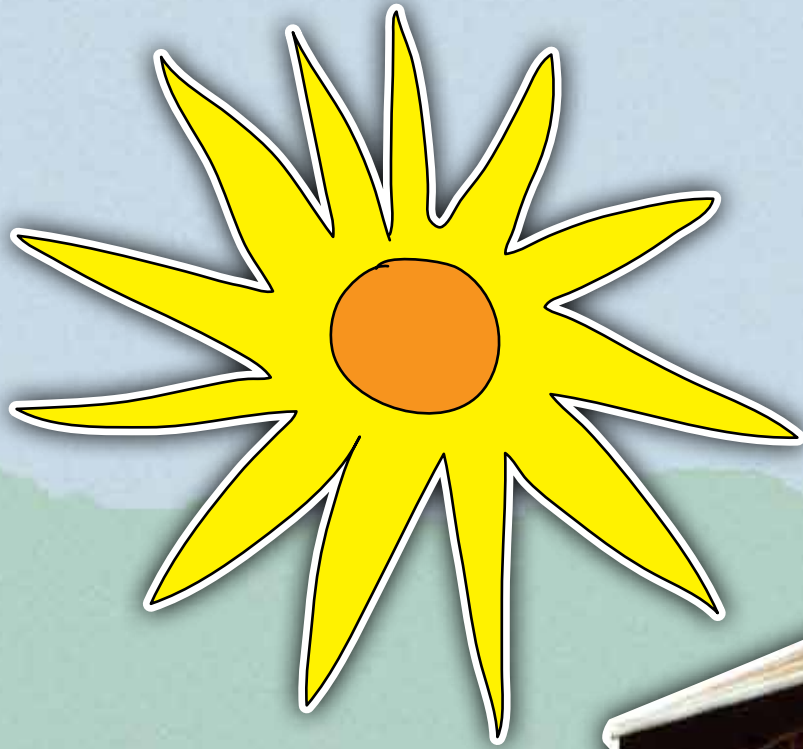


Hello! I'm Rachel.

I live in a country called Uganda in Africa



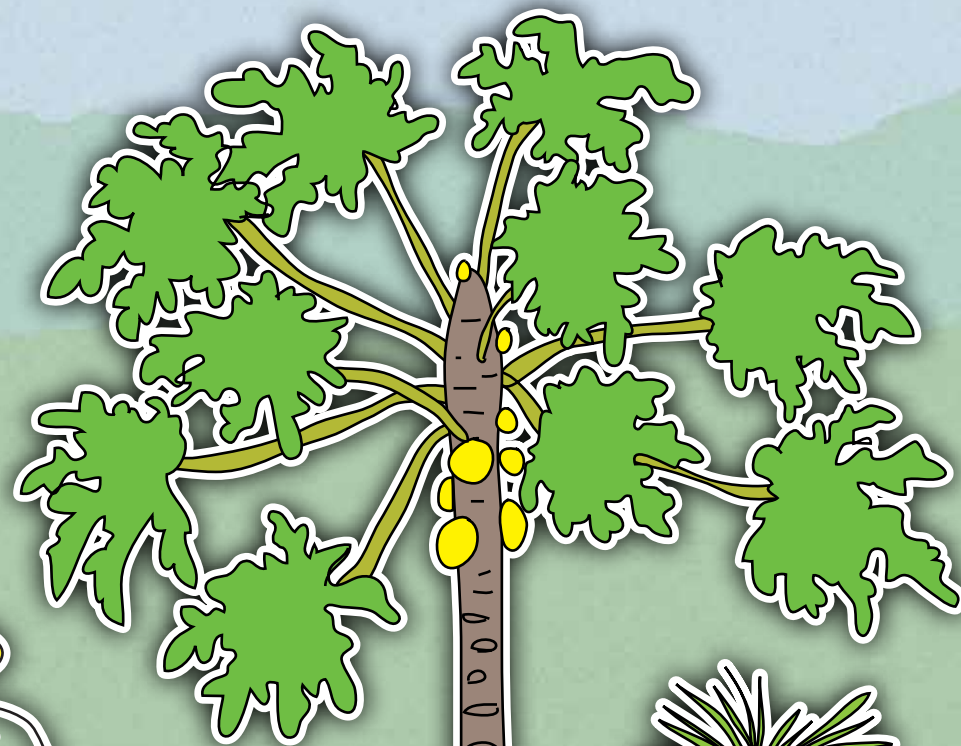
with my mum, dad, brothers and sisters.



In my village, people make their houses out of dark red mud and sticks. The round yellow sun makes it very hot,

but we also have heavy rain, which bangs on our tin roof. It sounds like 100 drums beating very loudly!

We used to be very poor. We did not have enough money to buy food. But a Comic Relief project helped my Dad to start growing fruits and vegetables that we can eat and sell at the market. He bought a few seeds and now look at our garden!



The papaya tree is 5 times
the size of me,

pa-pie-ya



but the tiny
pine seedling
will grow
even bigger
than that!

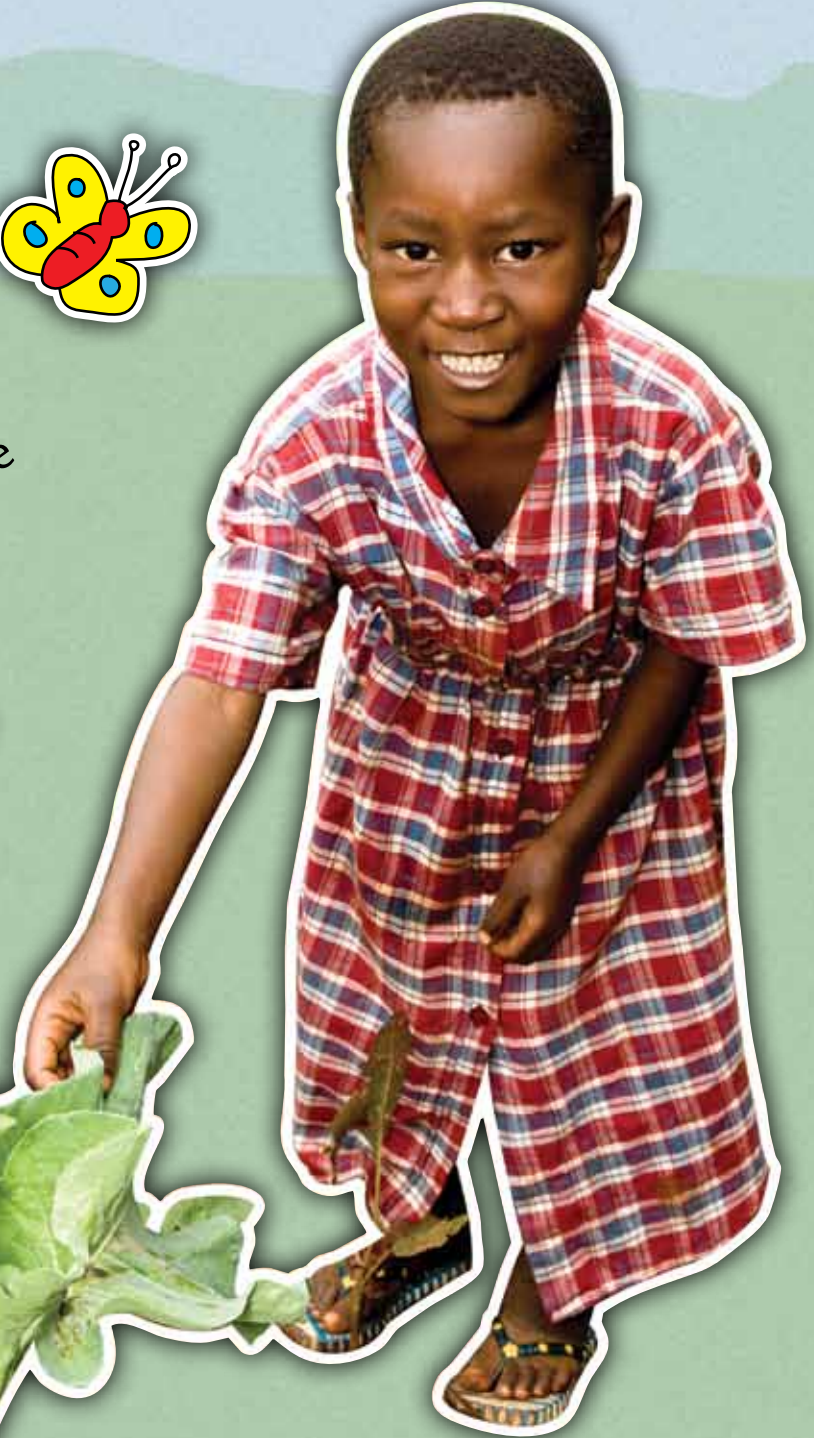
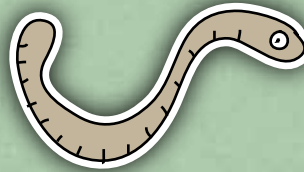
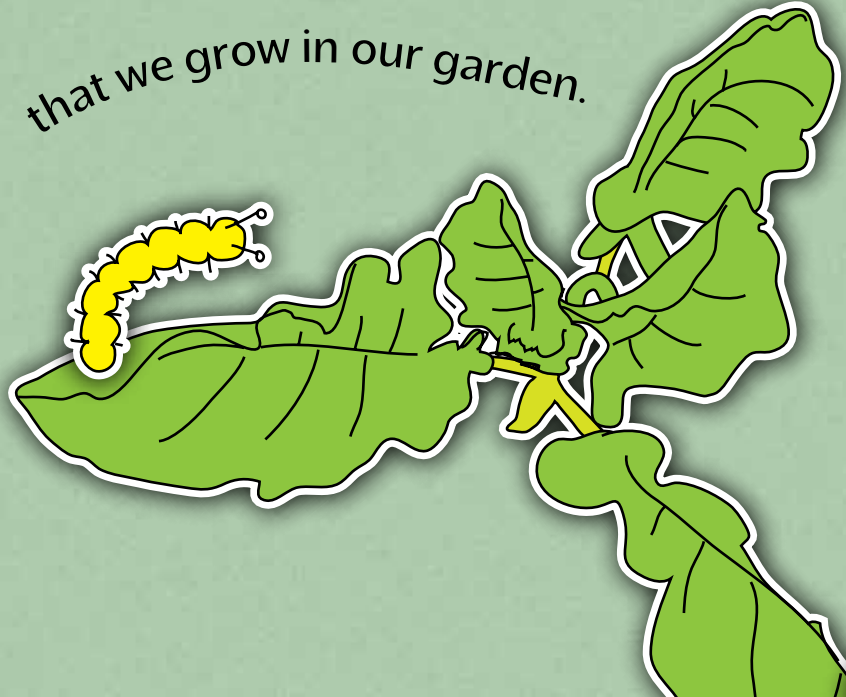
soo-kooma-wee -kee

Have you ever tried 'sukumawiki?'

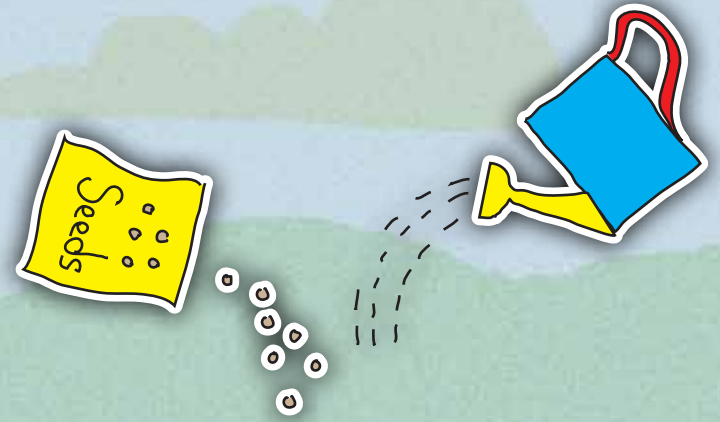


It's a delicious green leafy vegetable

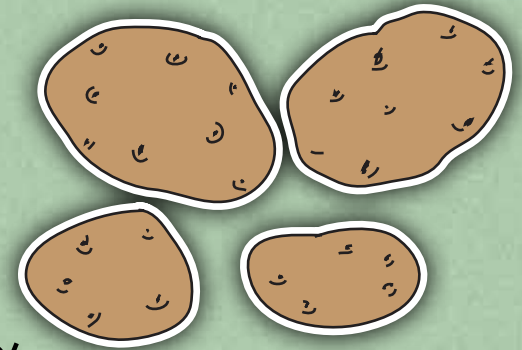
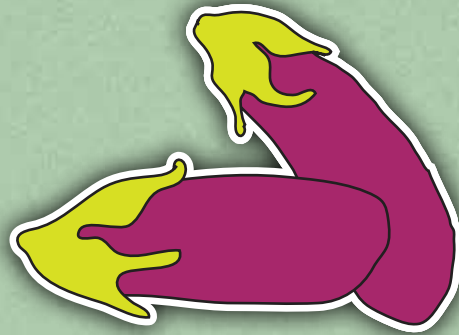
that we grow in our garden.



My dad started with just a few onion seeds,
but look what we grow now...

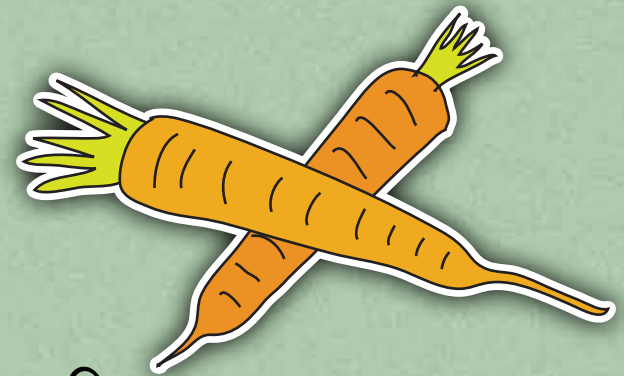


Shiny purple aubergines



Knobby potatoes

Beans that pop out of their pods



Crunchy orange carrots



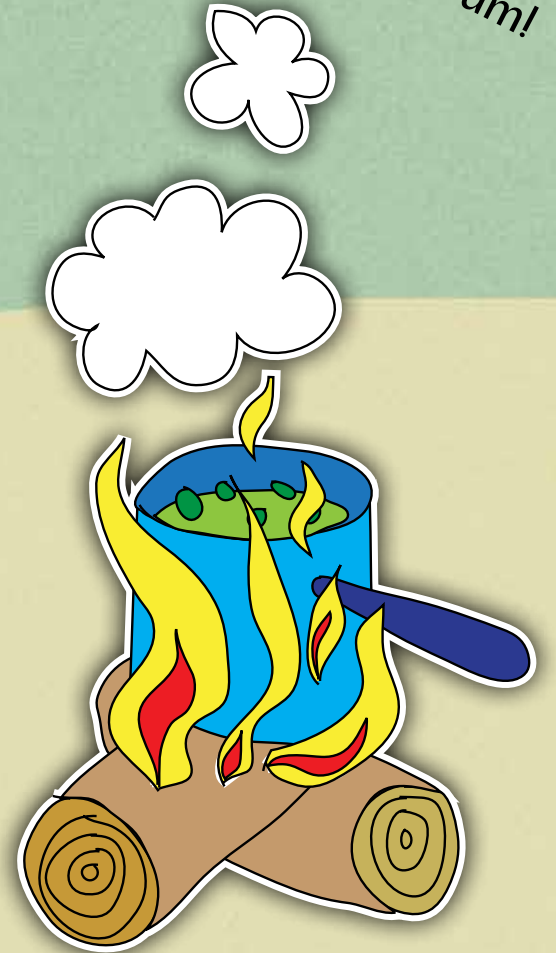
When we've picked the
vegetables we want to eat,



I help my mum to peel and chop them.



Then we cook them in a
big pot over the fire. Yum!



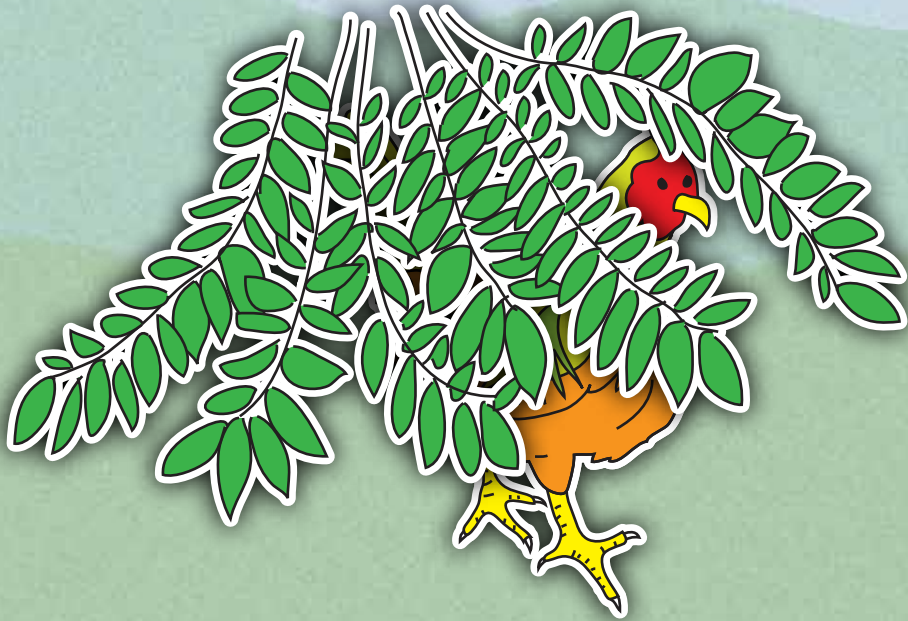
One day, I went into the garden to pick some sukumawiki for our lunch.
But when I got there, the stalks were all that was left!



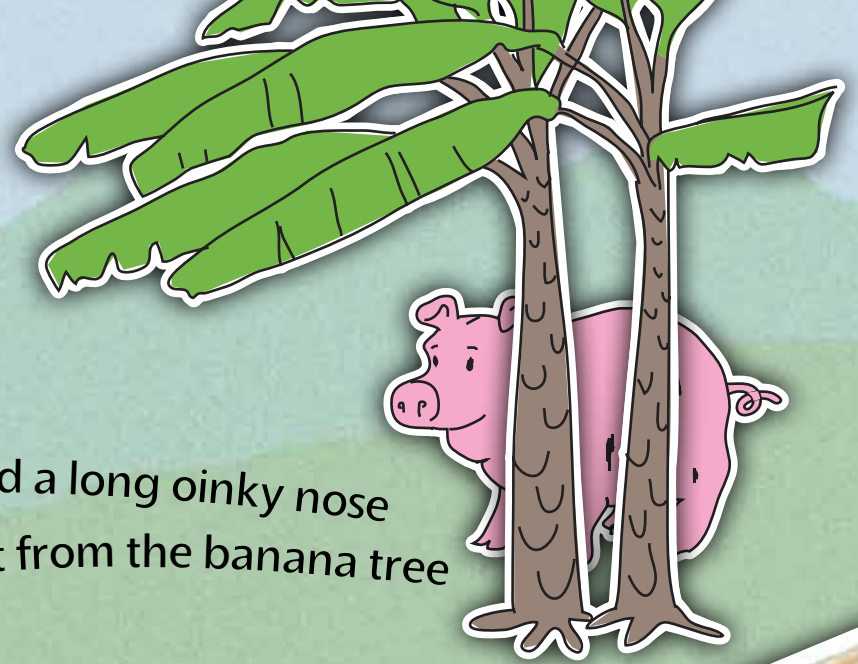
Who do you think has been eating the plants?

Who had been into our garden and eaten our plants?
I decided to find out who it might be...

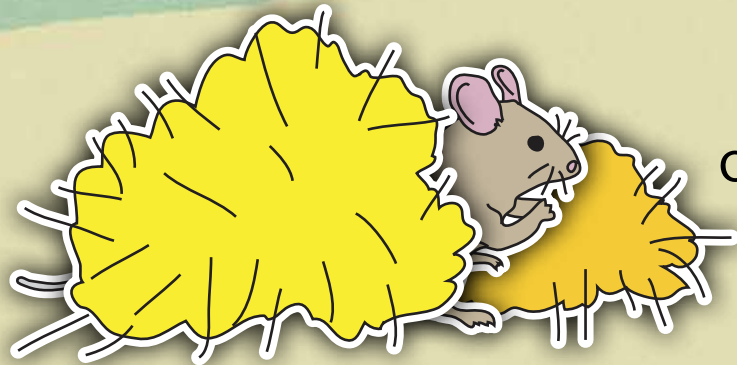
First, I came across some scaly claws
under the coffee bush...



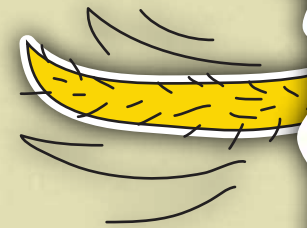
Then I spotted a long oinky nose
peeking out from the banana tree



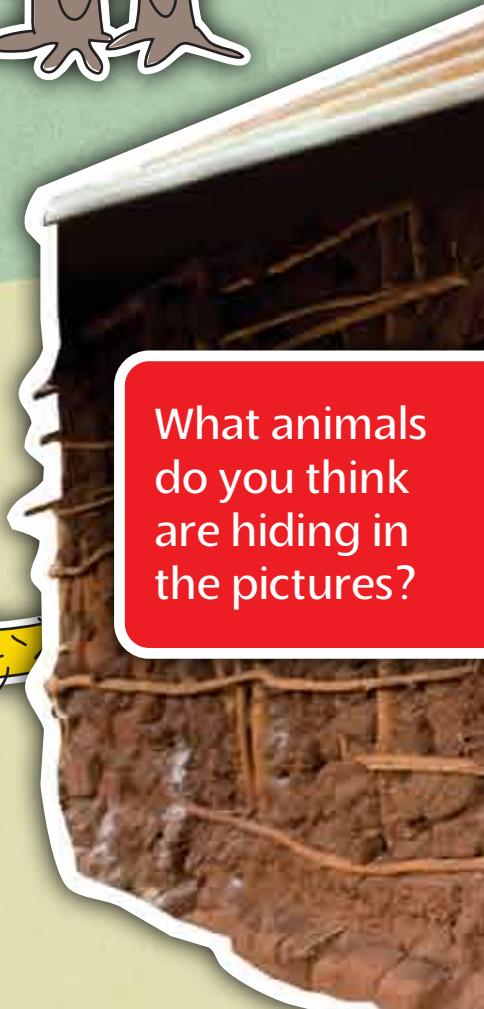
Was it the furry brown tail,
wagging behind the neighbour's house...?



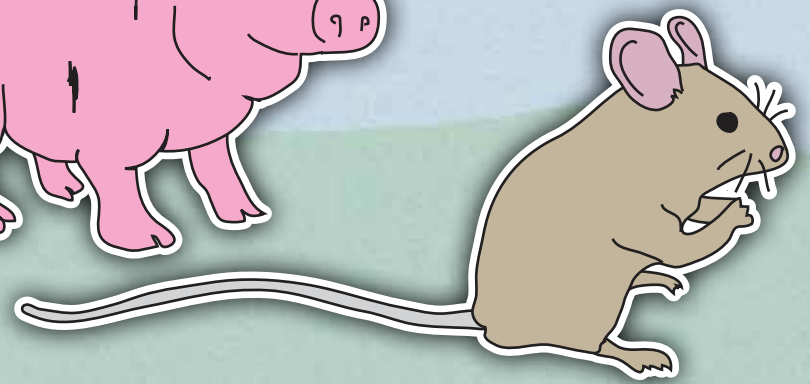
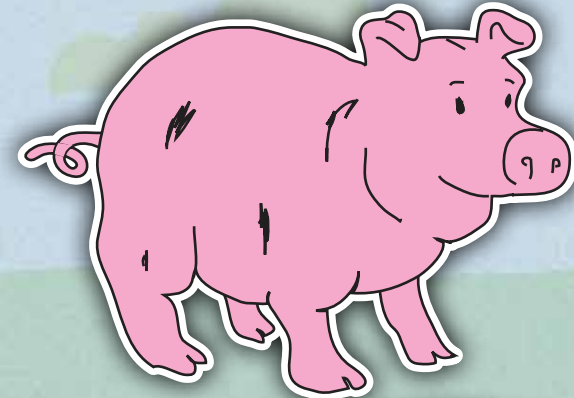
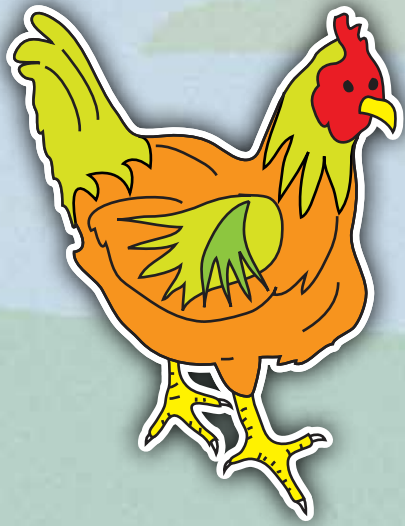
Or the tiny pair of pink ears
poking out from under the pile of hay?



What animals
do you think
are hiding in
the pictures?



But it wasn't the chicken, the dog, the pig OR the mouse...



All the searching on such a hot day was making me very tired
and I was about to give up,
when I saw a trail of little hoof prints leading away from the garden...



VILLAGE SHOP



Round the back of the school...



So I followed them past the village shop...

Under the water pump....



And into the field of corn.

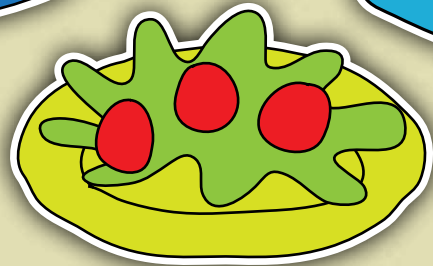
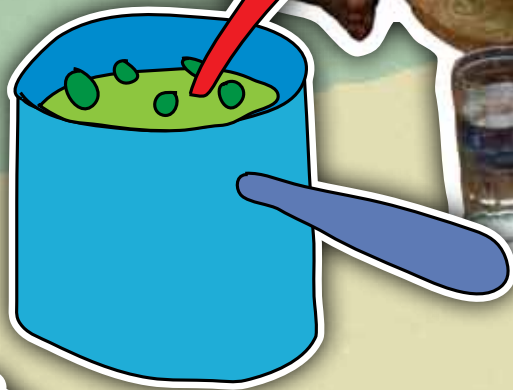
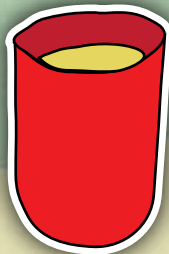
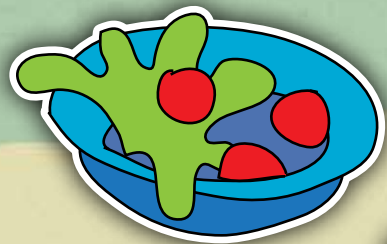


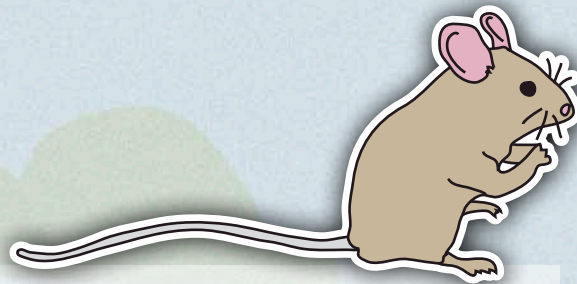
standing there in front of me was our cow, Daisy, with a big green leaf hanging out of her mouth and a very large tummy!



Luckily we have lots of things to eat in our garden.

So I went home and picked
some delicious vegetables
for a big feast.





Whatever you and your little ones do this Red Nose Day, you'll be making a really big difference to the lives of other little ones and their families in Africa. By having fun and raising money, your groups can help children like Rachel to escape a life of poverty.

Rachel loves her garden and it's really changed things for the better for her family. Rachel's father was given a small loan by the Busoga Association, a project funded by Comic Relief. Coupled with the training they provided, he was able to start a business growing and selling fruit and vegetables at the market and pay back the loan. Now he produces enough to feed his family and makes enough money to send his children to school.

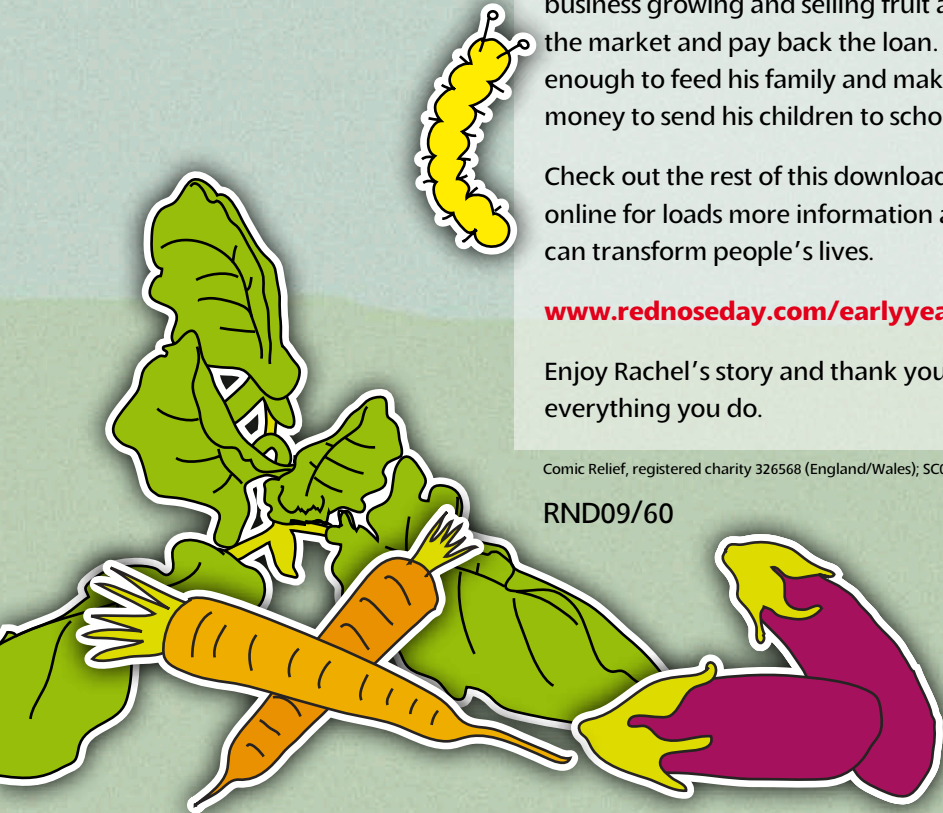
Check out the rest of this downloadable kit and go online for loads more information about how you can transform people's lives.

www.rednoseday.com/earlyyears

Enjoy Rachel's story and thank you for everything you do.

Comic Relief, registered charity 326568 (England/Wales); SC039730 (Scotland)

RND09/60



RED
NOSE
DAY 09

13 MARCH 2009



Rachel feeding her family's cow.

Photographic Resource Use this photo in a display or when talking to your little ones about what life is like in Africa for children like Rachel.



**RED
NOSE
DAY** 09

13 MARCH 2009

Rachel picking an aubergine from her garden.

Photographic Resource Use this photo in a display or when talking to your little ones about what life is like in Africa for children like Rachel.

Photographic Resource Use this photo in a display or when talking to your little ones about what life is like in Africa for children like Rachel.

Rachel at home.



**RED
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DAY 09**
13 MARCH 2009

Photographic Resource Use this photo in a display or when talking to your little ones about what life is like in Africa for children like Rachel.

Rachel collecting water with her sisters, Mariam and Joy.



**RED
NOSE
DAY 09**

13 MARCH 2009