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My carbon footprint is 3.87 planets

I can reduce my carbon foot print by

Having energy saving light bulbs

Recycle more Turn down the central heating slightly (try just 1 to 2 degrees C)

Turn down the water heating setting (just 2 degrees will make a significant saving)

Check the central heating timer setting - remember there is no point heating the house after you have left for work

Fill your dish washer and washing machine with a full load - this will save you water, electricity, and washing powder

Fill the kettle with only as much water as you need

Do your weekly shopping in a single trip

Hang out the washing to dry rather than tumble drying it Car share to work, or for the kids’ school run

Use the bus or a train rather than your car

For short journeys either walk or cycle

Try to reduce the number of flights you take

You also can use turbans, plant more trees, and turn off lights and solar panels and so many more you can go online for more info